

Vivomixx®

My XXL Well Being



THE HIGH QUALITY
PROBIOTIC

What makes Vivomixx a superior product?



Vivomixx is the most concentrated food supplement that contains 8 different strains of bacteria to help to maintain a healthy digestive system.

The specific formulation contained in Vivomixx has been the subject of more than 60 clinical studies and over 170 original publications and approved by the major international gastroenterology associations.

Vivomixx was invented by a medical doctor and professor of infectious disease and immunology – Claudio De Simone, MD, PhD. These strains were

chosen for their specific individual characteristic and their ability to work closely as a team to perform what single strains or other combinations of strains cannot do.

Visit Prof De Simone's blog: probiotixx.info

Recognized for its safety and effectiveness, Prof De Simone's formulation under the trademark Vivomixx is distributed in many countries around the world.



Why take probiotics?

Probiotics work in a variety of ways along your digestive tract – helping to balance the levels of microorganisms in the intestine and reduce the numbers of harmful bacteria that cause infections and other health problems.

When beneficial bacteria are lost due to illness or treatment such as antibiotics, probiotics can help to replace them.

Probiotics can help balance your beneficial and harmful bacteria to keep your body working like it should.

Vivomixx contains 450 billion active and vital bacteria per sachet and 112 billion per capsule. These quantities are needed to properly colonise your gut to provide a healthy balance of good bacteria to support the intestinal system.



450 billion bacteria in one sachet, equivalent to 45 yogurts





Why is it important to maintain a healthy digestive system?

The human digestive system generally contains over 500 different types of bacteria that play a vital and complex role in competing with harmful bacteria and performing the many functions necessary throughout our life, such as the integration of nutrients and production of vitamins for example.

A poorly functioning digestive tract can greatly interfere with the quality of life and be the source of many health problems. It is therefore important to maintain a good balance of your intestinal flora to stay healthy.

The cost behind Vivomixx

The cost of Vivomixx is directly linked to the number of bacteria – 450 billion per sachet and 112 billion per capsule which is often more than 10 times the number of bacteria of many other probiotics on the market. Compare the number of bacteria you purchase, Vivomixx works out a lot cheaper.



Why so many different strains?

Vivomixx contains a specific combination of 8 strains of bacteria:

Streptococcus thermophilus DSM24731[®],
Bifidobacterium breve DSM24732[®],
Bifidobacterium longum DSM24736[®],
Bifidobacterium infantis DSM24737[®],
Lactobacillus acidophilus DSM24735[®],
Lactobacillus plantarum DSM24730[®],
Lactobacillus paracasei DSM24733[®],
Lactobacillus delbrueckii ssp. *bulgaricus* DSM24734[®]

They all work in **synergy** to help restore and maintain the balance of your intestinal flora.

Patients testimonials

Bloating and irregular transit started to affect my everyday life. After 10 days of using Vivomixx, my digestive comfort improved and things gradually returned to normal.

M.C.

Our son was suffering from abdominal pain that was disruptive. In order to combat the intestinal problems that he had, I decided to give him Vivomixx which proved to increase his quality of life. He was more peaceful and more responsive to the environment.

D.E., Parent

I suffer from occasional disturbances of the transit which had an impact on my performance. I heard that digestive disorders were very common amongst athletes and my sports doctor advised me to take probiotics. I saw results soon after taking Vivomixx and also noticed that I had better resistance to seasonal conditions which was a bonus!

R.T., Sports person

Frequently asked questions

What's the recommended daily dose of Vivomixx?

The recommended daily do is 1-2 sachets or 1-4 capsules. With the sachets, the contents can be dissolved in water yogurt and any other cold, non-carbonated drink.

When is the best time to take Vivomixx?

It is recommended to take Vivomixx before breakfast.

What is the optimal duration time for taking Vivomixx?

One may start to feel better after 3-4 days, but optimal colonization occurs within 2-3 weeks.

Does Vivomixx contain any allergens?

Vivomixx does not contain gluten, lactose or soy. It does not contain preservatives or synthetic sweeteners.

How should I store Vivomixx?

Vivomixx is best kept cold, but can be kept out of the fridge at room temperature for up to one week without affecting the quality of the product. However, high temperatures (>25°C) should be avoided.

Can it be taken whilst taking antibiotics?

Vivomixx can be taken while on antibiotics however it is best to take it as far apart as possible.

Are there any side effects?

Bloating is a common side effect due to the adaptation of the gut flora to the new bacteria.

Can Vivomixx be taken during pregnancy?

There are no known contradictions to date but one should consult one's physician when taking this or any other food supplement during pregnancy.

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How can I purchase Vivomixx?

For more information about the product and ordering from your country with reliable partners, visit:

vivomixx.eu/world/



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